

VINELAND PUBLIC LIBRARY
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Library News

September 2016

Bob Marino's Free Business Workshops

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Do you want to start your own business but have no idea why some businesses succeed and others do not? Would you like to find out what resources are available to the entrepreneur? Do you want to learn how to market your product or service? Training Specialist Bob Marino has the answers you need to these questions and many more. Join Mr. Marino at the Vineland Public Library on the following dates:

- Monday, September 26
- Monday, October 3
- Wednesday, October 5
- Wednesday, October 12
- Monday, October 17
- Wednesday, October 19
- Monday, October 24
- Monday, October 31
- Wednesday, November 2

These business workshops will be offered in the library's Community Event Room from 5:30 – 7:30 p.m. on the dates listed above. Although the programs are free of charge, **registration is required by calling 856-794-4244 ext. 4243.** The programs are sponsored by The Friends of Vineland Public Library.

Beatrice is on vacation this month!



Contributors:

- Caroline Blough—Editor
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- Christine Koehler
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- Helen Margiotti
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“Keep This, Toss That” for a Fresh Start this Fall!

Join Vineland Public Library for a humorous look at the common challenges to getting organized. The “Keep This, Toss That” program will take place on **Monday, September 19**, from 6:00 – 7:30 p.m. in the Community Event Room. Aside from a laugh or two, you will walk away from “Keep This, Toss That” with tips on how to clean your closets and make those piles of paperwork disappear! This event will be hosted by organizing specialist and bestselling author Jamie Novak. Jamie has appeared on HGTV, QVC, and recently became a home blogger for Martha Stewart Whole Living. So, if you are wondering what to keep, what to toss, where to share or sell it and how to let it go this free workshop is not to be missed! To register, call 856-794-4244 ext. 4243. Walk-ins are also welcome!

FamCare Health Education Event

Visit Vineland Public Library for Famcare Health's Voices/Voces Intervention Program! This free HIV/Aids prevention workshop is designed to encourage condom use and improve condom negotiation skills. Light refreshments will be provided, and attendees will have the chance to win a gift card. This program will take place on **Thursday, September 15**, from 5:30 – 7:30 p.m. in the library's Community Event Room. You must be at least 18 years old to attend. Please call 856-794-4244 ext. 4243 to register.



Introduction to Resumé, Interviewing and Job Search for TEENS!



Bob Marino

Wednesday, Sept. 21

5:00-6:30 p.m.

Community Event Room

Teens ages 13-19 are invited to join Training Specialist Bob Marino for a workshop on how to create the perfect resumé, master the interview, and build self-confidence.

Attendees will learn how to:

- create an effective resumé.
- use the internet to job search and become familiar with businesses of interest.
- place emphasis on marketable personal traits.
- properly list accomplishments, education, and certificates.
- focus on answering questions that will best sell you during the interview.
- use the public library to effectively use job search tools.
- be a winner during the interview process.



Registration is requested for this free workshop. For more information or to register, please call the Children's Department at 856-794-4244, ext. 4246 or visit www.vinelandlibrary.org/Young_Adults



Free ESL Classes at VPL!

The Vineland Public Library is offering free Survival English (ESL) classes beginning in September.

Survival ESL (English as a Second Language) classes will be held at Vineland Public Library beginning in September. The classes target individuals whose low English level prevents them from interacting with English speakers in their daily lives. The classes will focus on vocabulary for daily life and the basic grammar patterns of English.

Classes for beginning students will start on Friday, September 16. Beginning classes will take place every Monday and Friday from 3:00 – 4:00 p.m. Classes for intermediate students will begin on Thursday, September 15. Intermediate classes will be held on Tuesdays and Thursdays from 10:30 – Noon.

All classes are free and open to residents of Vineland, Millville or Bridgeton (Vineland residents will have priority) who are at least 18 years old and grew up speaking any language other than English. Classes will meet in the library's Community Event Room. Interested students can register on the first day of class. They must bring their library card with them to register and a notebook and pencil to use in the class.

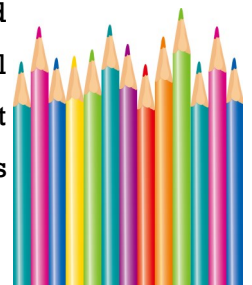
Residents of Vineland can get a free library card by showing photo ID and proof of residence and filling out a short form at the library's Front Desk. For more information, please contact the Adult Services Department at 856-794-4244 ext. 4243.

Funding for the ESL classes has been provided by the Friends of Vineland Public Library.

Afternoon Tea and Coloring

Join Vineland Public Library for a relaxing afternoon of tea and coloring. Coloring is not just for kids anymore! Studies have shown that coloring helps adults de-stress, generates wellness, and stimulates brain areas related to motor skills and creativity. These events will be held on **Wednesday, September 21**, and **Wednesday, October 19**, from 1:00 –

3:00 p.m. in the library's Community Event Room. Light refreshments and supplies will be provided. These free programs are sponsored by the Friends of the Vineland Public Library. To register, call the Adult Services Department at 856-794-4244 ext. 4243. Walk-ins are also welcome!



“Get Your Greens On!” with Christine Scalfo



Visit Vineland Public Library for the “Get Your Greens On” program! Join Christine Scalfo, HHC, AADP at this dynamic lecture and food demonstration.

Christine is the founder of Food for Living and helps others by bridging the gap between what they should be eating and actually eating it. Come and learn the many health benefits of eating greens and ways to incorporate more of them into your diet; how to prepare common greens for recipes; and simple serving suggestions

to make greens taste great. Christine is certified in Plant-Based Nutrition through the T. Colin Campbell Foundation, a member of the United States Personal Chef Association, and is Servsafe certified.

The “Get Your Greens On” program will take place on **Tuesday, September 20**, from 6:00 – 7:30 p.m. in the library’s Community Event Room. Although this is a free event, **registration is required**. Please call 856-794-4244 ext. 4243 to register.

Cut here for a fridge calendar!

September 2016 Free Events for Adults

Monday, September 5

Labor Day—Library Closed

Tuesday, September 6

10:00 - 12:30 p.m. Free Job Search Assistance, Computer Lab

Thursday, September 8

5:30 - 7:30 p.m. Hispanic Heritage Photo Exhibit Reception, Doris Tripp Memorial Room and Community Event Room

Saturday, September 10

12:00 - 2:00 p.m. Haitian Art Reception, Doris Tripp Memorial Room

Monday, September 12

10:00 - 11:15 a.m. Golden Yoga, Community Event Room *

Tuesday, September 13

6:30 - 7:30 p.m. Friends of Vineland Public Library Meeting, Community Event Room

Thursday, September 15

5:00 - 7:30 p.m. New Jersey Writers Society Gathering, Children’s Event Room *

5:30 - 7:30 p.m. Voices/Voces HIV/ AIDS Intervention Program, ages 18 and over, Community Event Room *

Monday, September 19

6:00 - 7:30 p.m. “Keep This, Toss That” Clutter Program with Jamie Novak, Community Event Room *

Tuesday, September 20

10:00 - 12:30 p.m. Free Job Search Assistance, Computer Lab

6:00 - 7:30 p.m. “Get Your Greens On” Program, Community Event Room *

Wednesday, September 21

1:00 - 3:00 p.m. Adult Coloring and Tea, Community Event Room *

Thursday, September 22

5:30 p.m. Board of Trustees Meeting, Community Event Room

Friday, September 23

11:30 - 12:30 p.m. Meditation Program, Community Event Room *

Monday, September 26

5:30 - 7:30 p.m. Business Class with Bob Marino, Community Event Room *

Tuesday, September 27

5:30 - 7:30 p.m. United States Citizenship and Immigration Services Workshop, Community Event Room

Wednesday, September 28

2:00 - 3:00 p.m. Adult Book Club Discussion of *Elegance of the Hedgehog* by Muriel Barbery, Community Event Room *

Thursday, September 29

6:00 - 7:00 p.m. American Sign Language Program, Community Event Room *

* Registration Required to Attend

All programs and times are subject to change. For a full list of programs, visit Vineland Public Library’s website at www.vinelandlibrary.org. You can also follow VPL on these social media outlets:

